

International Speaker | Transformation Catalyst | Podcast Host  
Personal Development & Mindset Coach



*Karen Gray*

*"Transforming Life's Rocks  
into stepping stones for  
SUCCESS"*

## Meet Karen



As an International Speaker, Writer and Personal Development Coach, Karen Gray offers practical, real life strategies and techniques empowering people all over the world with the ability to create their best life. Karen equips men and women with the ability to *Repurpose, Redefine and Realign their life's ROCKS* (fears, failures & challenges) into sustainable stepping stones toward success, with her **ROCK MOVING SECRET WEAPON.**



➤ Karen is available to speak in person or virtually at Conferences, Workshops & Podcast Guest Appearances

## Speaking Topics



### How to be a ROCK MOVER

Karen shares her Rock Moving Secret Weapon in this speech that transforms audiences, equips people to move forward towards success



### The Evolution of CHANGE

Karen gives realistic and actionable tips on how YOU can adapt in an ever changing world, adopt a new perspective and begin to amplify your success to avoid burnout



### FLIGHT - FIGHT or FREAK OUT

You can't control what happens to you in life, but YOU CAN CONTROL how you react to it. Karen shows you how in one of her most frequently requested interactive speeches

## Testimonials

**Let's  
Connect**

"Karen Has been a speaker for 6 of my events. I love working with her but more importantly, my event participants LOVE her and get so much from what she teaches them.

Candice Jones  
Royal Review Founder  
Event Producer



Karen is real, authentic, encouraging and dedicated to lifting other women up! Her passion for helping others is why she is one of our GO-TO Speakers for TBW events.

Laura Whisenhunt,  
Texas Business Women,  
President



KarenGraySpeaks.com



Support@KarenGraySpeaks.com



325.213.2600 / 833.932.6224 X800



@CoachKarenGray